

## Your future, your finances

In this uncertain economy, it's more important than ever for all members of your family (even children) to understand the household budget. Managing your budget and planning your financial future are doable – provided you have the right information and tools. That's why we offer information to help encourage healthy financial habits, including resources on:

- Making and keeping a budget
- Dealing with debt and managing credit
- Teaching children about money

Your EASY Program is available 24/7 to provide support, guidance and resources for all of life's issues, big and small.



Visit our website for information, tips and resources on topics that affect your life. Or call for free, confidential assistance from one of our caring, professional EASY Program counselors. If needed, they can even arrange for you to have a free phone consultation with a financial planner.

800-223-7723 anthemEAP.com

This information is for general informational purposes only and all services may not be available with your EASY Program. Check with your employer for specific information on the EASY Program services available to you.

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